

## **Etwinning Project Name: HAPPY SCHOOL HAPPY GENERATION**

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(<https://school-education.ec.europa.eu/tr/etwinning/projects/happy-school-happy-generation/twinspace/pages/about-project>)

Our eTwinning project "**Happy School Happy Generation**" is started as a dissemination activity of Erasmus+ (ID nr) 2020-1-TR01-KA101-092078 Project(<https://mutluokulmutlunesil.wordpress.com/>) which has been carried out in HOV Alemdağ Tunç Çapa Anadolu Lisesi from 2020 till 2022. Ten teachers attended a 5-day "Mindfulness Based Stres Reduction Techniques" course in Sevilla, Spain. The teachers had the chance to develop their skills to help students about raising their mindfulness.

Now it's aimed for more students from different schools to be happy at school and come to school with pleasure. We hope to make students to look at life positively, get rid of pessimistic thoughts about their future, and have optimistic dreams. Also we want to guide them about reducing and controlling stress.

We are 12 teachers from 5 different schools; 3 Romanian and 9 Turkish teachers.

Each teacher works with about 7 or 8 students in the project.

The project is going to last about two/three months.

The activities are;

- \*\* Meeting on a Padlet
- \*\* Seminar
- \*\* Extracurricular Activity
- \*\* Movie Day
- \*\* Logo Competiton
- \*\* Breathing Exercise
- \*\* Posters and Slogans about Positive Thinking
- \*\* Online Art Gallery About Happiness
- \*\* eCalendar
- \*\* eMagazine
- \*\* Story Completion
- \*\* Project Song

## MINDFUL BREATHING PRACTICE





Happy School + 15 • 1ay

(Posters&Slogans) HSHG eTwinning Project

### Posters About Positive Thinking



4



0



Yorum ekle

### Slogans About Positive Thinking



2



0



Yorum ekle



3



0



Yorum ekle



4



0



Yorum ekle



:Padlet

Happy School + 6 • 3g



## Online Art Gallery about "Happiness"

HSHG

Anonim 1ay

Ozden Cengiz  
Anatolian High School  
- Sude.G



☆ Derecelendir  0  
Yorum ekle

Anonim 1ay

Ozden Cengiz  
Anatolian High School  
- Sude.G



☆ Derecelendir  0  
Yorum ekle

Anonim 1ay

TEV.EZEL GÜLEN KIRAY  
V.T.H.S.



Elif Sena B.  
★★★★★ (1) Derecelendir  0  
Yorum ekle

Anonim 2ay

Tev Ezel Gülen Kıray  
M.T.A.L



iclal  
★★★★★ (1) Derecelendir  1  
Anonim 1ay  
Tebrikler 🍌🍌  
Yorum ekle

Anonim 2ay

HÖV Alemdağ Tunç Çapa  
AL-Büşra



"PEACE" created by Şahan Ö.  
★★★★★ (2) Derecelendir  0  
Yorum ekle

Fatma Karagözlü 2ay

HÖV Alemdağ Tunç Çapa  
Anatolian High School  
Fatma Karagözlü



Eylül K. 🍌❤️  
★★★★★ (4) Derecelendir  1  
Happy School 2ay  
Love yourself 🍌  
Yorum ekle

Happy School 2ay

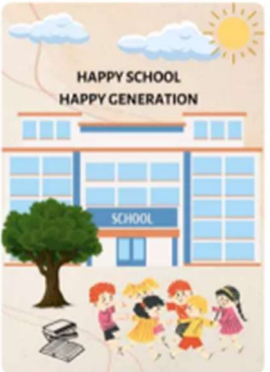
HÖV Alemdağ Tunç Çapa  
AL-Emine



Özge D. 🍌  
★★★★★ (4) Derecelendir  0  
Yorum ekle

Anonim 2ay

Colegiul Energetic -  
Alina Cioculeasa



★★★★★ (3) Derecelendir  0  
Yorum ekle

Anonim 2ay

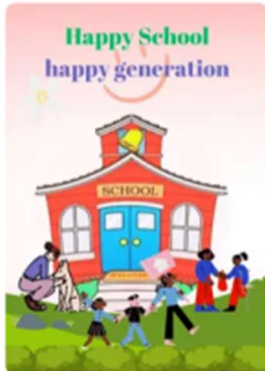
Colegiul Energetic -  
Iuliana Simeanu



★★★★★ (3) Derecelendir  0  
Yorum ekle

Anonim 2ay

Colegiul Energetic -  
Codruta Tenea



★★★★★ (3) Derecelendir  0  
Yorum ekle

## MOVIE DAY

<https://youtube.com/shorts/fqyvzHeW>

GM8

<https://youtube.com/shorts/4rYgc-->

Sb8Y

<https://youtube.com/shorts/ssZapamN>

1Ug

Motivational Desk Calendar of our eTwinning Project Students List of Mixed Group Activity with the tasks				
	Students	Months	SCHOOLS	About
1	Andrei B	January	Colegiul Energetic	Mindfulness Quotes and Visuals for Daily inspiration and Motivation
2	Clara C	February		
3	Bogdan D	March		
4	Elif Sezin A.	April	Tunç Çapa AL	
5	Aleyna T.	May		
6	Semanur Y.	June		
7	İlayda Ç.	July	Özden Cengiz AL	
8	Saziye	August		
9	Almira T.	September	Güç Kardeşler AL	
10	Batuhan K.	October	Tev Ezel MTAL	
11	Şeyma K.	November		
12	Yusuf Y.	December		

E-MAGAZİNE

[https://www.canva.com/design/DAFccX\\_5Cbk/ArmZJWwUU1anlANaStilig/view?utm\\_content=DAFccX\\_5Cbk&utm\\_campaign=designshare&utm\\_medium=link&utm\\_source=publishsharelink](https://www.canva.com/design/DAFccX_5Cbk/ArmZJWwUU1anlANaStilig/view?utm_content=DAFccX_5Cbk&utm_campaign=designshare&utm_medium=link&utm_source=publishsharelink)

## STORY COMPLETION

[https://www.canva.com/design/DAE\\_GsXAvL0/W8IWFUR6D5mMmf9yd5ISlw/edit?utm\\_content=DAE\\_GsXAvL0&utm\\_campaign=designshare&utm\\_medium=link2&utm\\_source=s harebutton](https://www.canva.com/design/DAE_GsXAvL0/W8IWFUR6D5mMmf9yd5ISlw/edit?utm_content=DAE_GsXAvL0&utm_campaign=designshare&utm_medium=link2&utm_source=s harebutton)

